

The Seven Steps to Manifesting Your Heart's Desire

1

Recognition of Self

I am a part of all that is. Using the law of Unity: we are all connected, all part of source. As part of Source, I create from Source, Source creates through me, all creation is possible.

2

Recognition of my deepest desires

What is it that my soul truly desires underneath the surface desires that are attempting to distract me from what I most want. What will bring the most pleasure, joy and happiness into my life. Revel in your desire.

3

Willingness to Have

Being willing to have my desire requires that I let go of what is currently holding the space of that desire. It may mean changes to relationships, stories, things, ideas. I am willing to have and to release attachments to anything that keeps me from my desire.

4

Be Willing to Do my part

I am willing to do my part, not knowing what it is I must do, knowing that I might not have to do anything, but being willing to do whatever it takes. I will not try, I will not do until, I will commit 100%.

5

Claim It

Declare that it is mine.

Share my declaration with my trusted support system.

Imagine having it.

Feel the emotions of having it. This is the fuel for bringing it to you.

Celebrate with gratitude that it is mine.

6

Trust in Source

Source is my Source. Source wants me to live a vibrant, juicy, fulfilling life. I trust that I manifest from my beingness as a part of Source. I trust that Source is rigging things in my favor. I trust that I will receive this or better

7

Let go of Controlling

I do not know how my desire will manifest. I let go of controlling the how. I simply take the next right step knowing that it is mine.

To find out more about how the Art of Feminine Marketing can help you manifest your desires, request a complimentary **"Feminine Business Marketing"** Assessment call with Julie
<https://juliefouchtcoaching.as.me/exploration>